

## **Dementia – Recommended Books**

Please order these from your local Christian Bookshop

### **In a Strange Land.....: People with Dementia and the Local Church £14.99**

By Malcom Goldsmith

Publisher: 4M Publications ISBN-13: 978-0953049462

Explores the experience of dementia and offers guidelines and practical suggestions for family and professional carers, and local churches, with some helpful service ideas. Malcolm Goldsmith studies dementia spiritually and medically. He challenges us to think of the soul of the person and not just to ignore the mind which has gone (are you sure?). He urges the value of involving people with dementia in worship in church or in individual homes.

*'Worth reading and highly recommended', Bishop Nick.*

### **Reflections of Hope – for people living with dementia £6.99**

by Rosemary Hurtley and Claire Craig

From CWR Publishing ISBN: 978-1-85345-773-9

Devotional thoughts for those suffering from dementia. A full-colour book of devotional thoughts written for those suffering from dementia, ideally to be used with a friend or relative to encourage discussion and enjoyment together. Carefully and sensitively designed, the meditations are based on Psalm 23, relating this psalm to life with dementia, an image which could prompt memory and sharing, activities and a brief meditation or prayer.

### **Could it be Dementia? £7.99**

#### **Losing your mind doesn't mean losing your soul**

by Louise Morse; Roger Hitchens

Publisher Lion Hudson ISBN 978 1854248251

Puts dementia into a Christian context, insisting that loss of memory or reason does not mean a person is worthless. For Christians, dementia raises questions unlike any other condition. Why does a godly old man begin to use language that has always been anathema to him? Why does a loving mother become stubborn, and suspicious? Where is God in all of this? This book – which sold out in its first printing - offers information and reassurance gleaned from the extensive experience of Pilgrim Homes, a network of nine Christian care homes and a foundation going back to 1807.

### **Dementia- Frank and Linda's Story £8.99**

#### **A Story of How to Care for Someone with Dementia**

by Louise Morse

Publisher Lion Hudson Plc ISBN 978 1854249302

This book describes how a new understanding of dementia is leading to better care, helping to maintain the personality of the sufferer. It also offers practical, day to day advice from a hands-on perspective, using a narrative structure. It follows the story of an older couple, Linda and Frank. Frank develops dementia. The story covers the first, early signs and the development of the disease; the couple's struggle to manage and find help, the wife's failing health and the search for a suitable care home, and life after Frank goes to live in the home. The narrative keeps a clear Christian perspective. For example, Linda finds that singing familiar hymns as she dusts around the house not only helps her feel better, but lifts Frank's spirits, too, and he will sometimes join in. Each chapter concludes with a short section of devotions for carers and sufferers.

### **Worshipping with Dementia £9.99**

By Louise Morse

Publisher Lion Hudson Plc ISBN 978-1-85424-931-9

Meditations, scriptures and prayers for people with dementia and their carers. A practical book that explains how Christians can care spiritually for people who may not be able to show their response. 'Often dementia hides the person from us but never from God'.

### **Dementia: Pastoral Theology and Pastoral Care £3.99**

by James Saunders

Publisher Grove Books Ltd (March 2002)

ISBN 978 1851744923

Ebook version available

Gentle neglect of people with dementia is not a worthy pastoral strategy for the church and yet this is often the case in practice. James Saunders looks at the reasons for this, explores the nature of Christ-like love as portrayed in the gospels, and offers a re-appraisal of what it means to be human in community in the image of God. He concludes with some practical advice on ministry with those suffering from dementia.

**Insight Into Dementia £8.99**

By Rosemary Hurtley; Sheila Jacobs  
 From CWR Publishing  
 ISBN 9781853455612.

Hope and practical help for people with dementia, their families, friends and carers. The Waverley Abbey Insight Series is based on their proven one-day seminars held at Waverley Abbey House to give insight into key issues with which many people struggle today. In Insight into Dementia, Rosemary Hurtley explains what it is like to have dementia, examining its impact, outlining options and strategies for care – and much more. Suggested activities, reflections and prayers at the end of each chapter, along with poetry and biblical references throughout, help to aid reflection and will strengthen emotions and faith whilst offering hope to those with dementia and their carers. Rosemary Hurtley is a consultant occupational therapist, working in quality improvement for older people across the statutory, voluntary and independent sectors. "... a practical, informative text reflecting contemporary knowledge and approaches to dementia care. It distinguishes itself by its Christian spiritual context." – Clive Evers, Alzheimer's Society

**Contented Dementia: 24-hour Wraparound Care for Lifelong Well-being £12.99**

By Oliver James

Publisher: Vermilion ISBN-13: 978-0091901813

Contented Dementia - by clinical psychologist and bestselling author Oliver James - outlines a controversial but practical method for managing dementia that may help both sufferer and carer to maintain the highest possible quality of life, throughout every stage of the illness. A person with dementia experiences frequent memory blanks while feelings remain intact. Oliver James describes Penelope Garner's approach to dementia care known as SPECAL (Specialized Early Care for Alzheimer's). This aims to work by creating links between past memories and the routine activities of daily life in the present. It draws on real-life examples and user-friendly tried-and-tested methods. This is an interesting but controversial approach to person-centred care.

**Dancing with Dementia: My Story of Living Positively with Dementia £13.99**

By Christine Bryden

Publisher: Jessica Kingsley Publishers ISBN-13: 978-1843103325

Christine Bryden was a top civil servant and single mother of three children when she was diagnosed with dementia at the age of 46. Since then she has gone on to challenge almost every stereotype of people with dementia by campaigning for self-advocacy, writing articles and speaking at national conferences. This book is a vivid account of the author's experiences of living with dementia, exploring the effects of memory problems, loss of independence, difficulties in communication and the exhaustion of coping with simple tasks. She describes how, with the support of her husband Paul, she continues to lead an active life nevertheless, and explains how professionals and carers can help. Christine Bryden makes an outspoken attempt to change prevailing attitudes and misconceptions about the disease. Arguing for greater empowerment and respect for people with dementia as individuals, she also reflects on the importance of spirituality in her life and how it has helped her better understand who she is and who she is becoming.

**Christian Bookshops in Devon**

Abbey Bookshop  
 Buckfast Abbey  
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Choice Words  
 Newton Abbot  
 TQ12 2AU  
 01626 334027

The Rock Christian Bookshop  
 Teignmouth  
 TQ14 8EG  
 01626 777522

Bridge Bookshop  
 Exeter  
 EX4 1DW  
 01392 427171

Christian Literature Centre  
 Plymouth  
 PL1 1LR  
 01752 661 264

Wordwise and coffee shop  
 Kingsbridge  
 TQ7 1PG  
 01548 856571

Cathedral Shop  
 Exeter Cathedral  
 EX1 1HS  
 01392 271354  
 Entrance in the south quire  
 aisle. Open Mon - Sat 9.30 am  
 to 4.30 pm, except when  
 services are taking place.

Mustard Seed Bookshop  
 Sidmouth  
 EX10 8ER  
 01395 512225  
 New Creation and coffee shop  
 Tiverton EX16 6AH  
 01884 255769

Dove Christian Bookshop  
 Christian Centre, Church Lane  
 Barnstaple EX31 1DE  
 01271 325867  
 Also have a coffee shop  
 Open 10am to 5pm Monday  
 to Saturday