



The cross on the bun represents the cross on which Jesus died.

The four quarters of the bun represent the four corners of the world.

The spices in the bun suggest the spices used to anoint the dead.

The yeast in the bun makes it rise, and reminds us that Jesus rose from the dead on Easter Sunday.

Through His death and resurrection Jesus brought an eternal hope to the world.

Find out what this hope means for you at
www.exeter.anglican.org