

## Year A Lectionary 18: Feeding the 5,000 – Early Years

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### **Matthew 14:13-21**

Read the story of Jesus feeding the 5,000 (try reading from the Storybook Bible from Zonderkidz or for a really short version, My Little Promise Bible from Candle Books) or you could watch the story using Saddleback Kids' animated bible stories on YouTube.

<https://www.youtube.com/watch?v=S6rj9cAJrWE>

### **Get cooking**

This is a really simple recipe for some tasty flat bread. You could even watch the Saddleback Kids animation whilst you cook – it's a great way to chat through the story again.

Ingredients:

200g plain or wholemeal flour

¼ tsp salt

100ml warm water

2 tbs oil (olive, sunflower or vegetable)

Mix the flour, salt and water.

Add the oil and knead the dough until it is soft (add more flour if too sticky, more water if too dry).

Knead for a further 5 minutes.

You can cook the flatbread straight away or leave to stand for about 30mins.

Divide the dough into four balls and on a clean, slightly floured surface use a rolling pin to roll each ball – pick up and move around so they don't stick.

Heat a large frying pan. Use some kitchen paper to rub a little oil onto the pan's surface.

Cook the flatbreads for 2-3 minutes on each side – they should puff up a little and will be lighter in colour with a few brown spots.

### **Food for thought**

Whilst you dig into the tasty flatbread, have a chat through this extraordinary story again: how a little boy's lunch of five loaves and two fish was used by God to feed over 5,000 people, and how God takes what we have and uses it, no matter how small or simple, to do extraordinary things.