

# FAMILY REFLECTIONS COMMUNITY ART PROJECT



## Welcome

Thank you for your interest in being a part of this community project we think it will be a lot of fun and an opportunity to be creative. Being creative is a good way of being absorbed and supports our mental health and wellbeing.



Our hope is to create a full range of family friendly reflection activities linked to the theme which will be made freely available for people to access from our website. The themes come from the three year cycle of readings that many schools and churches follow. All the stories are in the bible if you don't have a bible to hand you can look them up easily on the internet.

We are hoping to utilise the skills, talents and experience of a wide range of people including teachers, children and youth workers, filmmakers, animators, artists, songwriters, dancers, storytellers, forest school leaders, church workers, crafters, cooking enthusiasts and families to create resources for early years, primary and secondary aged young people.

The activities don't have to be very complicated - we want you to have fun designing and making them. You are contributing to a reflection that should be between 8-10 minutes in total including family pauses for discussion.

For example you could design a craft activity, something to do outside or cook, write a song or a sketch, make a film, retell a story, think or an imaginative way to pray or reflect. If you want to include members of your household that is great but please make sure you have the consent of parents before sending in anything which includes children and make this clear when submitting what you have done. Please avoid using children's real names on any film content. If you already have an existing resource that you are happy to share more widely with others through the website you can also include these as well.

It may be that there is a particular bible story that resonates with you - that's fine, please create for that. If however you are up for a challenge you can follow this web link <https://exeter.anglican.org/wp-content/uploads/2020/04/Themes-for-Reflection.pdf> which will show where the gaps are. If you could fill a gap for us that would be wonderful.

You may also have a favourite bible story or passage that isn't listed. Please feel free to create something and share it anyway.

## Submitting your resources

Crucially we will need to know which week your resource is for and which age range. The easiest way to do this is save it using the information below in the tables e.g.

**Year A Lent 1\_Adam and Eve\_Early Years**

or

**Year B Lectionary 26\_Pray for one another\_Primary**

or

## Year C Epiphany 2\_Water into Wine\_Secondary

or

**Daniel and the Lions' Den\_Primary** (if you are submitting a favourite story or bible passage)

Because of the size and ambition of the project it is easier for us if you are able to send this electronically by emailing [education@exeter.anglican.org](mailto:education@exeter.anglican.org). For larger files please use *We Transfer* which is free <https://wettransfer.com/>

Alternatively you can send them in by post when the lockdown ends and the office reopens to Family Reflections c/o The Old Deanery, The Cloisters, Exeter, EX1 1HS.

The completed resources will be added to the website once we have had time to process them and therefore will not be available immediately. Any further questions email [education@exeter.anglican.org](mailto:education@exeter.anglican.org) or phone 01392 294950

## SPRING • YEAR A

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Lent	Lent 1	03/01/2020	Adam and Eve	Genesis 2:15-17; 3:1-7			
	Lent	Lent 2	03/08/2020	Jesus and Nicodemus	John 3:1-17			
	Lent	Lent 3	03/15/2020	Woman at the Well	John 4:5-42			
	Lent	Lent 4	03/22/2020	Samuel Anoints David	1 Samuel 16:1-13			
	Lent	Lent 5	03/29/2020	Jesus Raises Lazarus	John 11:1-45			
	Lent	Palm/Passion Sunday	04/05/2020	Matthew's Holy Week	Matthew 21:1-11; 26:14—27:66			
	Easter	Easter Day	04/12/2020	Jesus Is Risen	Matthew 28:1-10			
	Easter	Easter 2	04/19/2020	Thomas Answers Jesus	John 20:19-31			
	Easter	Easter 3	04/26/2020	Road to Emmaus	Luke 24:13-35			
	Easter	Easter 4	05/03/2020	The Lord Is My Shepherd	Psalms 23			
	Easter	Easter 5	05/10/2020	Living Stones, Chosen People	1 Peter 2:2-10			
	Easter	Easter 6	05/17/2020	The Spirit of Truth	John 14:15-21			
	Easter	Easter 7	05/24/2020	Jesus Ascends	Acts 1:6-14			
	Pentecost	Day of Pentecost	05/31/2020	Filled with the Holy Spirit	Acts 2:1-21			

## SUMMER • YEAR A

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Pentecost	Holy Trinity	06/07/2020	The Great Commission	Matthew 28:16-20			
	Pentecost	Lectionary 11	06/14/2020	Justified by Faith	Romans 5:1-8			
	Pentecost	Lectionary 12	06/21/2020	Freed from Sin	Romans 6:1b-11			
	Pentecost	Lectionary 13	06/28/2020	Whoever Welcomes	Matthew 10:40-42			
	Pentecost	Lectionary 14	07/05/2020	Come to Me	Matthew 11:16-19, 25-30			
	Pentecost	Lectionary 15	07/12/2020	Parable of the Sower	Matthew 13:1-9, 18-23			
	Pentecost	Lectionary 16	07/19/2020	Children of God	Romans 8:12-25			
	Pentecost	Lectionary 17	07/26/2020	Parables of the Kingdom	Matthew 13:31-33, 44-52			
	Pentecost	Lectionary 18	08/02/2020	Feeding the Five Thousand	Matthew 14:13-21			
	Pentecost	Lectionary 19	08/09/2020	Jesus Walks on Water	Matthew 14:22-33			
	Pentecost	Lectionary 20	08/16/2020	The Canaanite Woman's Faith	Matthew 15:21-28			
	Pentecost	Lectionary 21	08/23/2020	Many Members, Many Gifts	Romans 12:1-8			
	Pentecost	Lectionary 22	08/30/2020	Bless your Enemies	Romans 12:9-21			
	Pentecost	Lectionary 23	09/06/2020	Love for One Another	Romans 13:8-14			

## AUTUMN • YEAR A

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Pentecost	Lectionary 24	09/13/2020	The Unforgiving Servant	Matthew 18:21-35			
	Pentecost	Lectionary 25	09/20/2020	First and Last in the Vineyard	Matthew 20:1-16			
	Pentecost	Lectionary 26	09/27/2020	Two Sons in the Vineyard	Matthew 21:23-32			
	Pentecost	Lectionary 27	10/04/2020	Rejection in the Vineyard	Matthew 21:33-46			
	Pentecost	Lectionary 28	10/11/2020	Rejoice in the Lord Always	Philippians 4:1-9			
	Pentecost	Lectionary 29	10/18/2020	A Question about Taxes	Matthew 22:15-22			
	Pentecost	Lectionary 30	10/25/2020	The Greatest Commandment	Matthew 22:34-46			

Pentecost	Lectionary 31	11/01/2020	Humble and Exalted	Matthew 23:1-12			
Pentecost	Lectionary 32	11/08/2020	Ten Bridesmaids	Matthew 25:1-13			
Pentecost	Lectionary 33	11/15/2020	Parable of the Talents	Matthew 25:14-30			
Pentecost	Christ the King	11/22/2020	Sheep and Goats	Matthew 25:31-46			

## WINTER • YEAR B

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Advent	Advent 1	11/29/2020	Keep Awake	Mark 13:24-37			
	Advent	Advent 2	12/06/2020	John the Baptist	Mark 1:1-8			
	Advent	Advent 3	12/13/2020	Justice and Jubilee	Isaiah 61:1-4, 8-11			
	Advent	Advent 4	12/20/2020	An Angel Visits Mary	Luke 1:26-38			
	Christmas	Christmas Day	12/25/2020	Jesus Is Born	Luke 2:1-20			
	Christmas	Christmas 1	12/27/2020	Simeon and Anna	Luke 2:22-40			
	Christmas	Christmas 2	01/3/2021	Jesus the Word	John 1:1-18			
	Epiphany	Baptism of the Lord	01/10/2021	In the Beginning	Genesis 1:1-5			
	Epiphany	Epiphany 2	01/17/2021	God Calls Samuel	1 Samuel 3:1-20			
	Epiphany	Epiphany 3	01/24/2021	Jonah in Nineveh	Jonah 3:1-5, 10			
	Epiphany	Epiphany 4	01/31/2021	Healing in the Synagogue	Mark 1:21-28			
	Epiphany	Epiphany 5	02/07/2021	Healing at Simon's House	Mark 1:29-39			
	Epiphany	Transfiguration	02/14/2021	Elijah and Elisha	2 Kings 2:1-12			

## SPRING • YEAR B

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Lent	Lent 1	02/21/2021	God's Promise with Noah	Genesis 9:8-17			
	Lent	Lent 2	02/28/2021	The Faith of Abraham	Romans 4:13-25			
	Lent	Lent 3	03/7/2021	The Ten Commandments	Exodus 20:1-17			
	Lent	Lent 4	03/14/2021	Moses and the Bronze Serpent	Numbers 21:4-9			
	Lent	Lent 5	03/21/2021	Jesus Predicts His Death	John 12:20-33			
	Lent	Palm/Passion Sunday	03/28/2021	Mark's Holy Week	Mark 11:1-11; 14:1—15:47			
	Easter	Easter Day	04/04/2021	Jesus Is Risen	John 20:1-18			
	Easter	Easter 2	04/11/2021	Early Believers Share	Acts 4:32-35			
	Easter	Easter 3	04/18/2021	Jesus Appears to Disciples	Luke 24:36b-48			
	Easter	Easter 4	04/25/2021	The Good Shepherd	John 10:11-18			
	Easter	Easter 5	05/02/2021	Let Us Love One Another	1 John 4:7-21			
	Easter	Easter 6	05/09/2021	Abide in Love	John 15:9-17			
	Easter	Easter 7	05/16/2021	Matthias Is Chosen	Acts 1:15-17, 21-26			
	Pentecost	Day of Pentecost	05/23/2021	Filled with the Holy Spirit	Acts 2:1-21			

## SUMMER • YEAR B

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Pentecost	The Holy Trinity	0/30/2021	Isaiah's Vision of God	Isaiah 6:1-8			
	Pentecost	Lectionary 10	06/09/2021	Sisters and Brothers of Christ	Mark 3:20-35			
	Pentecost	Lectionary 11	06/13/2021	Seeds of the Kingdom	Mark 4:26-34			
	Pentecost	Lectionary 12	06/20/2021	Jesus Calms the Storm	Mark 4:35-41			
	Pentecost	Lectionary 13	06/27/2021	Daughters Healed	Mark 5:21-43			
	Pentecost	Lectionary 14	07/04/2021	Jesus Sends the Twelve	Mark 6:1-13			
	Pentecost	Lectionary 15	07/11/2021	Adopted as God's Children	Ephesians 1:3-14			

Pentecost	Lectionary 16	07/18/2021	Jesus Heals the Crowds	Mark 6:30-34, 53-56			
Pentecost	Lectionary 17	07/25/2021	Two Signs of Jesus	John 6:1-21			
Pentecost	Lectionary 18	08/01/2021	Bread of Life	John 6:24-35			
Pentecost	Lectionary 19	08/08/2021	Live in Love	Ephesians 4:25—5:2			
Pentecost	Lectionary 20	08/15/2021	Make Melody to the Lord	Ephesians 5:15-20			
Pentecost	Lectionary 21	08/22/2021	Armour of God	Ephesians 6:10-20			
Pentecost	Lectionary 22	08/29/2021	Doers of the Word	James 1:17-27			
Pentecost	Lectionary 23	09/05/2021	Hearing and Speaking	Mark 7:24-37			

## AUTUMN • YEAR B

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Pentecost	Lectionary 24	09/12/2021	Taming the Tongue	James 3:1-12			
	Pentecost	Lectionary 25	09/19/2021	Jesus Welcomes Children	Mark 9:30-37			
	Pentecost	Lectionary 26	09/26/2021	Pray for One Another	James 5:13-20			
	Pentecost	Lectionary 27	10/03/2021	Jesus Blesses Children	Mark 10:2-16			
	Pentecost	Lectionary 28	10/10/2021	A Camel through a Needle	Mark 10:17-31			
	Pentecost	Lectionary 29	10/17/2021	James and John	Mark 10:35-45			
	Pentecost	Lectionary 30	10/24/2021	Jesus Heals Bartimaeus	Mark 10:46-52			
	Pentecost	Lectionary 31	10/31/2021	The First Commandment	Mark 12:28-34			
	Pentecost	Lectionary 32	11/07/2021	The Widow's Gift	Mark 12:38-44			
	Pentecost	Lectionary 33	11/14/2021	The Temple's Destruction	Mark 13:1-8			
	Pentecost	Christ the King	11/21/2021	Pilate Accuses Jesus	John 18:33-37			

## WINTER • YEAR C

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Advent	Advent 1	11/28/2021	Paul's First Letter	1Thessalonians3:9-13			
	Advent	Advent 2	12/05/2021	Malachi the Messenger	Malachi 3:1-4			
	Advent	Advent 3	12/12/2021	Zephaniah's Joyful Song	Zephaniah 3:14-20			
	Advent	Advent 4	12/19/2021	Mary Visits Elizabeth	Luke 1:39-55			
	Christmas	Christmas Day	12/25/2021	Jesus Is Born	Luke 2:1-20			
	Christmas	Christmas 1	12/26/2021	Young Jesus in the Temple	Luke 2:41-52			
	Christmas	Christmas 2	01/02/2022	A Comforting Message	Jeremiah 31:7-14			
	Epiphany	Baptism of the Lord	01/09/2022	John Baptizes Jesus	Luke 3:15-17, 21-22			
	Epiphany	Epiphany 2	01/16/2022	Water to Wine	John 2:1-11			
	Epiphany	Epiphany 3	01/23/2022	One Body, Many Parts	1 Corinthians 12:12-31a			
	Epiphany	Epiphany 4	01/30/2022	Jeremiah's Call	Jeremiah 1:4-10			
	Epiphany	Epiphany 5	02/06/2022	Jesus Calls Disciples	Luke 5:1-11			
	Epiphany	Epiphany 6	02/13/2022	Trust in the Lord	Jeremiah 17:5-10			
	Epiphany	Epiphany 7	02/20/2022	Jesus Feeds His Brothers	Genesis 45:3-11, 15			
	Epiphany	Transfiguration	02/27/2022	Jesus Is Transfigured	Luke 9:28-36			

## SPRING • YEAR C

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Lent	Lent 1	03/06/2022	Jesus Is Tempted	Luke 4:1-13			
	Lent	Lent 2	03/13/2022	God's Covenant with Abraham	Genesis 15:1-12, 17-18			
	Lent	Lent 3	03/20/2022	God Provides	Isaiah 55:1-9			
	Lent	Lent 4	03/27/2022	The Prodigal Son	Luke 15:1-3, 11b-32			
	Lent	Lent 5	04/03/2022	Mary Anoints Jesus	John 12:1-8			
	Lent	Palm/Passion Sunday	04/10/2022	Luke's Holy Week	Luke 22:14—23:56			
	Easter	Easter Day	04/17/2022	Jesus Is Risen	Luke 24:1-12			
	Easter	Easter 2	04/24/2022	Alpha and Omega	Revelation 1:4-8			
	Easter	Easter 3	05/01/2022	Saul Meets Jesus	Acts 9:1-20			
	Easter	Easter 4	05/08/2022	Peter Raises Tabitha	Acts 9:36-43			
	Easter	Easter 5	05/15/2022	New Heaven and Earth	Revelation 21:1-6			
	Easter	Easter 6	05/22/2022	Promise of the Holy Spirit	John 14:23-29			
	Easter	Easter 7	05/29/2022	Paul and Silas	Acts 16:16-34			
	Pentecost	Day of Pentecost	06/05/2022	Filled with the Holy Spirit	Acts 2:1-21			

## SUMMER . YEAR C

	Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
	Pentecost	Holy Trinity	06/12/2022	The Gifts of Wisdom	Proverbs 8:1-4, 22-31			
	Pentecost	Lectionary 12	06/19/2022	Purpose of the Law	Galatians 3:23-29			
	Pentecost	Lectionary 13	06/26/2022	Following Jesus	Luke 9:51-62			
	Pentecost	Lectionary 14	07/03/2022	Mission of the Seventy	Luke 10:1-11, 16-20			
	Pentecost	Lectionary 15	07/10/2022	The Good Samaritan	Luke 10:25-37			
	Pentecost	Lectionary 16	07/17/2022	Martha and Mary	Luke 10:38-42			
	Pentecost	Lectionary 17	07/24/2022	The Lord's Prayer	Luke 11:1-13			



Pentecost	Lectionary 18	07/31/2022	New Life in Christ	Colossians 3:1-11			
Pentecost	Lectionary 19	08/07/2022	Meaning of Faith	Hebrews 11:1-3, 8-16			
Pentecost	Lectionary 20	08/14/2022	Heroes' Faith	Hebrews 11:29—12:2			
Pentecost	Lectionary 21	08/21/2022	Healing on the Sabbath	Luke 13:10-17			
Pentecost	Lectionary 22	08/28/2022	Humility and Hospitality	Luke 14:1, 7-14			
Pentecost	Lectionary 23	09/04/2022	Paul's Plea for Onesimus	Philemon 1-21			

## AUTUMN • YEAR C

Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
Pentecost	Lectionary 24	09/11/2022	Lost Sheep and Lost Coin	Luke 15:1-10			
Pentecost	Lectionary 25	09/18/2022	Pray for Everyone	1 Timothy 2:1-7			
Pentecost	Lectionary 26	09/25/2022	The Rich Man and Lazarus	Luke 16:19-31			
Pentecost	Lectionary 27	10/02/2022	Faith Passed Down	2 Timothy 1:1-14			
Pentecost	Lectionary 28	10/09/2022	Jesus Heals Ten	Luke 17:11-19			
Pentecost	Lectionary 29	10/16/2022	The Widow and the Judge	Luke 18:1-8			
Pentecost	Lectionary 30	10/23/2022	The Pharisee and the Tax Collector	Luke 18:9-14			
Pentecost	Lectionary 31	10/30/2022	Jesus and Zacchaeus	Luke 19:1-10			
Pentecost	Lectionary 32	11/06/2022	The Sadducees Question	Luke 20:27-38			
Pentecost	Lectionary 33	11/13/2022	Working Together	2 Thessalonians 3:6-13			
Pentecost	Christ the King	11/20/2022	King on the Cross	Luke 23:33-43			

## WINTER • YEAR A

Season	Sunday	Date	Theme	Focus Text	Early Years	Primary	Secondary
Advent	Advent 1	11/27/2022	Swords into Plowshares	Isaiah 2:1-5			
Advent	Advent 2	12/04/2022	Jews and Gentiles	Romans 15:4-13			
Advent	Advent 3	12/11/2022	John's Questions for Jesus	Matthew 11:2-11			
Advent	Advent 4	12/18/2022	An Angel Visits Joseph	Matthew 1:18-25			

Christmas	Christmas Day	12/25/2022	Jesus Is Born	Luke 2:1-20			
Christmas	Christmas 1	01/01/2023	Escape to Egypt	Matthew 2:13-23			
Christmas	Christmas 2	01/08/2023	Jesus the Word	John 1:1-18			
Epiphany	Baptism of the Lord	01/15/2023	A Light to the Nations	Isaiah 42:1-9			
Epiphany	Epiphany 2	01/22/2023	The Lamb of God	John 1:29-42			
Epiphany	Epiphany 3	02/05/2023	United in Christ	1 Corinthians 1:10-18			
Epiphany	Epiphany 4	02/12/2023	The Beatitudes	Matthew 5:1-12			
Epiphany	Epiphany 5	02/19/2023	Worship and Justice	Isaiah 58:1-12			
Epiphany	Epiphany 6	02/26/2023	Life with God	Deuteronomy 30:15-20			
Epiphany	Transfiguration	03/05/2023	Glory on the Mountain	Exodus 24:12-18			