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# Reflective Tool for School Leaders: Leaving Lockdown

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10 minute read



better choices for better lives







## better choices for better lives

This reflective tool has been made better by learning from and listening to:

Sara Alston's blog (SEA Inclusion) – find it [here](#)

Simon Barrington's post on the three phases of disaster relief for leaders – find it [here](#)

Sian Lane, Executive Head of The Cedar Tree Federation, Devon.

Steve Russell's stimulating Twitter questions – find him [here](#)

Kealey Sherwood, Head of St Luke's CofE School, Exeter – part of the Ted Wragg Multi-Academy Trust.

Ben Slater – April 2020

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*Ben Slater formerly led EOTAS Swindon, a multi-site complex PRU with behavioural, therapeutic, medical and Tier 4 mental health centres.*

*He is now Founder of and Lead Consultant for Fiveways Devon which supports schools to make better choices for better lives. ([fivewaysdevon.uk](http://fivewaysdevon.uk)).*

*He is also a Mental Health First Aid Trainer with MHFA England ([mhfaengland.org](http://mhfaengland.org)).*

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