



# **Education Chaplaincy Newsletter: January 2021**

This newsletter aims to signpost resources and events that may be of interest and support to you. If you have items you would like to share in a future publication, would like to receive this email directly, or for any other matter please contact me at <a href="mailto:tatiana.wilson@exeter.anglican.org">tatiana.wilson@exeter.anglican.org</a> or on 07590 443904

All our newsletters can be found here https://exeter.anglican.org/schools/resources/

### **HAPPY NEW YEAR!**



I hope you have managed to have a good rest and time to recuperate over the holidays.

Congratulations to Nathan Kiyaga, School Chaplain at St Cuthbert Mayne, who has just been appointed as the Rural Dean for Torbay Deanery. The first time I am aware this has happened in our Diocese.

Since taking up this role in September Mike Haslam (Adviser for Chaplaincy for Bath and Wells Diocese in Somerset) and I have been working together to provide a more comprehensive

programme of support for people engaged in chaplaincy in education settings. We have recently also partnered with Mike Peat who has agreed to expand his HE Chaplaincy Network which will be of interest to some. A new national Chaplaincy Advisers Group has just formed and I will share resources and training opportunities that may be of interest to you here as well.

We know that the mental health of young people has been especially impacted through Covid-19, and as a Diocese we are keen to equip you and your teams with the resources you need to offer the best and most appropriate support. As a result we have partnered with Fiveways Devon to offer you and your multi-faith and belief chaplaincy teams the opportunity to access a two day Mental Health First Aid course at a 70% discount for only £90 per person. Should this cost still be a barrier please contact me. Please do consider signing up despite the obvious pressures you are currently facing at work (details below p.4). Our hope is all Chaplains in education settings across the Diocese will feel resourced and equipped and will have had the added benefit of training together.

In addition this term we have:

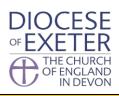
- Another Exploring Chaplaincy course
- A SW Chaplaincy gathering reflecting on Chaplaincy and SEND on zoom.
- An HE Chaplains Gathering.
- Introduction to the Diocesan Lent Course.
- Access to a range of other Diocesan Courses.
- A new pilot project exploring Chaplaincy in primary schools.

Planning ahead we are in the process of booking an away day for Chaplains at the Mill House Retreat Centre in Tiverton for the end of the Summer Term, Covid permitting, and will let you know the details as soon as we can.

As a Diocese we are working hard to see how we can help our most vulnerable students during Lockdown. Do get in touch if you have a specific need and we will endeavour to support you in the best way we are able.

Thank you again for all you do to serve your communities. It is really appreciated by us.

Tatty





Connection	
CENTRE FOR CHAPLAINCY IN EDUCATION	
Prayer Focus (8.00am each Friday on zoom) link on our website or here	Meeting ID: 825 3974 5312 Passcode: 3523
CENTRE FOR CHAPLAINCY IN EDUCATION	
Tea@2 each Wednesday at 2.00pm (on zoom) join Maggie and other chaplains to	Meeting ID: 841 5761 3209
share ideas/plans/challenges and find support during lockdown.	Passcode: 725910
CENTRE FOR CHAPLAINCY IN EDUCATION	a = ath i
#ChaplaincyHour on Twitter next Thursday 14 <sup>th</sup> . Share ideas and join the	4-5pm 14 <sup>th</sup> January and then
conversation: 'Keeping it virtual' How can you re-form/develop engage virtually during lockdown? What did you learn from last lockdown that might help others?	every month
ROOTS AND SHOOTS	To register
This is the weekly Diocesan online newsletter, and is worth signing up to keep	https://exeter.anglican.org/w
informed about all that is happening in the Diocese.	ho-we-are/email-bulletin/
<b>DEVON AND SOMERSET CHAPLAINCY GATHERING</b> 4 <sup>th</sup> March 2-4 Zoom	
A chance to meet together, share our stories, pray together with a short theological	Please let Tatty know if you
reflection on Chaplaincy and SEND leading to a discussion.	are hoping to attend
Join Zoom Meeting	tatiana.wilson@exeter.anglic
https://zoom.us/j/98898740292?pwd=MmpsSG15d0dsa1M5OXVSYIhBcC9mQT09	<u>an.org</u>
Meeting ID: 988 9874 0292	
Passcode: 593647	
1:1 MEETINGS	- "
I am still keen to meet up with Chaplains virtually or for a socially distanced walk.	Email tatiana.wilson@exeter.anglic
Please do contact me to arrange a time to meet. My usual days are Mondays,	an.org
Tuesdays, Thursdays and Fridays.	Mobile 07590443904
SW HE Network	
TERMLY GATHERING FOR HE CHAPLAINS organised by Mike Peat a Free Church	
Chaplain for HE chaplains in the region (currently via Zoom). It is very informal and	Email
open-ended, the main aim being an opportunity for each Chaplain to share news of	mike.peat@bristol.ac.uk
their institution - often a shared issue will emerge from this sharing for further	to be invited to the next meeting and be on the
discussion. Rather than creating something new we are encouraging all HE chaplains	mailing list.
to join this group which I hope to also attend.	maming not.
Resources	
'NEVER THE SAME' SCHOOL LEADERSHIP RESOURCES FOR GRIEF, BEREAVEMENT	
AND LOSS based on the Church of England Vision for Education	https://www.churchofenglan
This resource includes some helpful reflection tools for senior leadership teams	d.org/sites/default/files/2020
alongside some addition resources.	<u>Neverthesame</u>
'LECDECK' - 52 CARDS FOR ENGAGING YOUNG PEOPLE	
Post a sep of the control of the con	https://www.bathandwells.or
Each with a Bible reading from the principal service,	g.uk/supporting-
thought provoking questions, prayer focus, a weekly	children/youth-
challenge and quotes to stimulate thought, discussion, learning and application.	children/resources/lecdeck/









There is also a new LecDeck App for Android and Apple iOS. Purchasing the LecDeck App is a one-off payment of £5.99 for both Android and Apple iOS formats. Years A and B are included on the app and Year C will be added in 2021.

## **Training Opportunities**

#### **EXPLORING CHAPLAINCY**

This 8 session course will explore what is distinctive about Chaplaincy, the theology of Chaplaincy and what Chaplains actually do.

Exploring Chaplaincy is appropriate for anyone who is discerning whether Chaplaincy is something God may be calling them to, or for anyone soon to take on a Chaplaincy role or someone who has just started as a Chaplain.

Dates: Tuesday evenings in 2021; January 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup> February 2<sup>nd</sup> 9<sup>th</sup>, 23<sup>rd</sup>, March 2<sup>nd</sup> 9<sup>th</sup> [there is a break on the 16<sup>th</sup> February for half term]

Time: 19.00-21.00 via Zoom.

If you have any questions about Exploring Chaplaincy please email mike.haslam@bathwells.an

mike.haslam@bathwells.angli can.org

To register for Exploring
Chaplaincy click here
<a href="https://zoom.us/meeting/register/tJEldO6urjkpHtCf-GsR5EdleiHyMBIMuUM8">https://zoom.us/meeting/register/tJEldO6urjkpHtCf-GsR5EdleiHyMBIMuUM8</a>
After registering, you will receive a confirmation email containing information about joining the meeting.

#### INTRODUCTION TO THE DIOCESAN LENT COURSE

## Thursday 28th January, 2-4pm - Jon Curtis & Philip Sourbut

To say that 2020 was quite the year would probably be considered an understatement. This Lent, the Archdeacon of Totnes and the Mission and Ministry team, supported by friends from around the Diocese are hoping to encourage the people of Devon to tell each of their stories from this period of turmoil through a Lenten study course. This course will be based on videos and other resources to enable each of us to listen, explore and reflect on the past 12 months.

This CMD session will explore the materials and the theological and philosophical ideas behind them to encourage this opportunity to happen around the county this Lent.

FREE To book a place
https://exeter.anglican.org/m
inistry/ordainedministry/continuingministerial-developmentclergy/

#### LIVING IN LOVE AND FAITH

The Church of England is keenly aware that issues of gender and sexuality are intrinsic to people's experience; their sense of identity; their lives and the loving relationships that shape and sustain them. We also know that the life and mission of our Church – and of the worldwide Anglican Communion – are affected by the deep, and sometimes painful, disagreements among us which have been debated and discussed on many occasions over the years.

These divisions have come into sharper focus because of society's changing perspectives and practices, especially in relation to lesbian, gay, transgender, bisexual and intersex people. The Church wants to understand what it means to follow Christ in love and faith given the questions about human identity and the variety of patterns of relationship emerging in our society, including marriage, civil partnership, cohabitation, celibacy and friendship.

The materials in Living in Love and Faith are the result of a collaboration between many people of widely differing views and experiences. They explore these matters by studying what the Bible, theology, history and the social and biological sciences have to say, and by telling the real-life stories of followers of Christ with diverse experiences and convictions.

https://www.churchofenglan d.org/resources/living-loveand-faith

Exeter Cathedral are hosting hour-long conversations starting on February 3<sup>rd</sup>.

<u>Living in Love and Faith - Exeter Cathedral (exeter-cathedral.org.uk)</u>





## LEADING IN COMPLEX TIMES Nicky McGinty Wednesday 24th February, 2-4pm

This session will look at leadership and how we might lead in situations of change and complexity. We will start by looking at ourselves, exploring our own leadership styles and how we can work well with those. We will also spend time on how we can hone and develop our leadership skills along with ideas to use in different situations. Nicky McGinty is an independent consultant, facilitator, trainer and coach specialising in the areas of leadership, learning and change management. She currently works regularly with the dioceses of Leicester and Chelmsford along with many other organisations and is an associate of 3d Coaching. She is a self-supporting priest in the diocese of Leicester and an honorary canon of Leicester Cathedral.

FREE To book a place
https://exeter.anglican.org/m
inistry/ordainedministry/continuingministerial-developmentclergy/

## THEOLOGY IN A SUFFERING WORLD Tuesday 2nd March, 9.30-11am & 11.30am -

**1pm** Chris Southgate Professor Chris Southgate teaches at the University of Exeter on the science-theology interface and ecotheology. Since 2017 he has been working on the effects of trauma on congregations (see tragedyandcongregations.org.uk). More recently he has been applying this thinking to the COVID pandemic. He will talk about a theodicist's response to the great suffering caused by COVID, and also ask: does Paul's experience in 2. Corinthians give us resources to survive, and strengthen others, through these testing times.

FREE To book a place
https://exeter.anglican.org/m
inistry/ordainedministry/continuingministerial-developmentclergy/

#### **EVENING TRAINING**

# ENDINGS, BEGINNINGS & THE SPACE BETWEEN Thursday 4<sup>th</sup> March, 7.30-9pm David Runcorn

Managing change and transition is always part of the task of effective leadership. In uncertain times it is more important than ever. The evening will explore what this asks for us — with a mix of input and time to discuss and share together from our own hard won experience. Rev David Runcorn is a well-known conference speaker, writer and retreat leader.

FREE To book a place
https://exeter.anglican.org/m
inistry/ordainedministry/continuingministerial-developmentclergy/

### **MENTAL HEALTH FIRST AID TRAINING**

Half Day Youth Online Course – 3 hours – January -March 2021 The subsidised course costs £40

**Topics include:** What is mental health; protective and risk factors; stigma and discrimination; mental health continuum; case studies; self-harm and suicide; signs & symptoms of mental ill health; the stress container model; recovery; self-awareness and self-care.

https://exeter.anglican.org/resources/pastoral-care-counselling/mental-health-first-aid-training/







an exciting new mental health training partnership for Devon

## NEW MENTAL HEALTH FIRST AID 2 DAY COURSE FOR CHAPLAINS IN EDUCATION SETTINGS

As part of our additional Covid-19 response for Education settings,

we are prioritising subsidised places for Chaplains in Education settings on the Mental Health Foundation's 2 Day Mental Health First Aid Course. This is similar to the ½ day course but with more depth and detailed resources. Having done this course I would strongly recommend it if you haven't already done it.

Training will be delivered online to enable maximum accessibility and COVID-

Training will be delivered online to enable maximum accessibility and COVID-security.

## **Topics include:**

- What is mental health?
- Protective and risk factors



Tuesday, 2 March and Wednesday, 3 March 2021 0900-1630 Online £90

## **Book here**

Tuesday, 23 March and Wednesday, 24 March 2021 0900-1630 Online **£90** 

## **Book here**

Any questions?
Please contact: Ben Slater
benslater@devonfiveways.uk









- Stigma and discrimination
- Mental health continuum
- Case studies
- Self-harm and suicide
- Signs and symptoms of mental ill health
- The stress container model
- Recovery
- Self-awareness and self-care

## Research and evaluation show that taking part in an MHFA course:

- Raises mental health awareness and literacy
- Reduces stigma around mental ill health
- Boosts knowledge and confidence in dealing with mental health issues
- Promotes early intervention which enables recovery

## **SUMMER TERM Chaplaincy Away Day**

# DEVON AND SOMERSET CHAPLAINCY QUIET DAY Mill House EX16 7ES facilitated by David Runcorn

Originally booked for the end of May we are moving this to the end of June/early July in the hope that we might be able to meet in person. Details to follow as soon as they are confirmed.

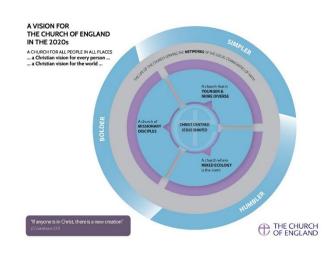
Find our more please contact Mike mike.haslam@bathwells.angli can.org

## **National Updates**

## **NEW VISION FOR THE CHURCH OF ENGLAND FOR 2020's**

This vision has emerged through consultations over the last six months with hundreds of people who reflect the breadth and diversity of the Church of England. This included a listening exercise with 170 children and young people.

The picture below illustrates the shape of the vision and its strategic priorities from the period of consultation. The vision encapsulates the Church of England's calling to be a Christ-centred and Jesus-shaped church that is simpler, humbler, and bolder. It



identifies three strategic priorities for the Church around being a church of missionary disciples, a church where the mixed ecology of many forms of church are the norm, and a church which is younger and more diverse.

Encouragingly
Chaplaincy in Education settings is specifically mentioned.

https://www.churchofenglan d.org/about/leadership-andgovernance/emergingchurch-england/visionchurch-england-2020s

Please do give this some time to consider as it will be helpful to gain your perspectives as to how Chaplaincy might be able to developed and extended within the Diocese going forward.





# CHURCH OF ENGLAND FOUNDATION FOR EDUCATIONAL LEADERSHIP (CEFEL): FAITH AT HOME

CEFEL have arrange a series of online network meetings for school and church leaders to engage with and use in their own context. They will look at various topics around how the three spheres of household, school and church can work together to help grow the faith of young people. Based on the principles that: we need to focus on what our communities need first and we need to take seriously the concerns of children and young people (CYP) when drawing them into conversations about faith – this series seeks looks at some key issues pertinent to CYP and their faith development.

Session 5: Working together to really hear the voice of CYP
 Tuesday January 26th 2021, 11am – 12pm

- Session 6: Working together to plan support for CYP as they transition to a new year/ school Tuesday March 23rd 2021, 11am – 12pm
- Session 7: Working together to address CYPs' concerns about inequality and injustice Tuesday April 27th 2021, 11am – 12pm
- Session 8: Working together to follow the lead of CYP in taking care of creation Tuesday 29th June 2021,11am – 12pm

For more details and to book a place:

https://cofefoundation.conte ntfiles.net/media/assets/file/ Faith at Home Open School and Church Leader Networ ks 20-

21 complete with topics.pdf

School/College Chaplains
Induction Programme

Newman
Newman
Newman
University

EDUCATION CHAPLAINCY INDUCTION
Have you been a #Chaplain in #Education for 3 years or less?

Would you like to take part in our #Chaplaincy Induction in partnership with @Newman\_Uni? Reflection, networking, online, personal mentor...

The Centre for Chaplaincy in Education (CCE) has partnered with Newman University, Birmingham, to offer a stimulating new induction programme for Chaplains across the UK. This unique programme will support chaplains in their first 3 years of service in school or college, develop reflective practice as you/they explore the key steps to become an excellent practitioner.

TOM CARSON, CHAPLAIN AT EXETER SCHOOL HAS WRITTEN THIS BEAUTIFUL

**SONG**. He writes, 'It tells a bit of the nativity story through the voice of Joseph who

is struggling with doubts. There are notes of hope, but also a recognition that the

<u>To register interest click here</u> For more information <u>click</u> <u>here</u>

## Generic Resources MENTAL HEALTH ACCESS PACK: An excellent compact, free resource for churches http://www.mentalhealthacc but useful for chaplains it offers: esspack.org/ -- information on common mental health conditions -- pastoral tips for working with those with mental health conditions -- theological perspectives on mental health -- each article available to download as a nice-looking printable colour PDF **PINPOINT DEVON:** Pinpoint thousands of services and community groups across https://www.pinpointdevon.c o.uk/ Devon. Please share this with your teams, as it will be useful for them as well. THE CENTRE IF CHAPLAINCY IN EDUCATION: Their website offers useful resources https://centreforchaplaincyin education.co.uk/ and opportunities for chaplains to connect **Bonus Track**

https://www.youtube.com/w

atch?v=IPf4VB1mwUE





journey is not always easy. That may have particular resonance this Christmastide'—
it encourages us all to look for the light.