Online CMD Programme January to March 2021

Dear Colleague,

I hope that you managed some quality time for rest and renewal.
It has been a very hard year.

Here is the first draft of the CMD programme for January – March 2021.

Some events are still being finalised and so an updated version will follow,
but these events are available to book now.

With my prayers and best wishes for the New Year

Philip Sourbut

Philip
Prebendary Philip Sourbut, Director of Mission & Ministry

HOW TO BOOK

Decide which courses you would like to attend, complete the online booking form:
https://exeter.anglican.org/ministry/ordained-ministry/continuing-ministerial-development-clergy/

In order to give us time to send you a Zoom code, please note that bookings close 24 hours before
events (or on a Friday for Monday events).

If you have any problems or queries please contact mandm@exeter.anglican.org Tel: 01392 294918
## JANUARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 11\textsuperscript{th} January 10.30am – 12 noon</td>
<td>Mike Moynagh</td>
<td>New Year, New Opportunities</td>
</tr>
<tr>
<td>Tuesday 26\textsuperscript{th} January 2-4pm</td>
<td>Chloe Axford &amp; Matt Prior</td>
<td>Zooming with style</td>
</tr>
<tr>
<td>Thursday 28\textsuperscript{th} January 2-4pm</td>
<td>Jon Curtis &amp; Philip Sourbut</td>
<td>Introduction to Diocesan Lent Course</td>
</tr>
</tbody>
</table>

## FEBRUARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 9\textsuperscript{th} February 2-4pm</td>
<td>Chloe Axford &amp; Ed Hodges</td>
<td>Livestreaming with style</td>
</tr>
<tr>
<td>Thursday 11\textsuperscript{th} February 10am – 12 noon</td>
<td>Bob Jackson</td>
<td>In-person online: making the most of hybrid church</td>
</tr>
<tr>
<td>Tuesday 23\textsuperscript{rd} February 10am – 12 noon</td>
<td>Brigit with Dave Hopwood &amp; Steve Pierce</td>
<td>Generosity displayed</td>
</tr>
<tr>
<td>Tuesday 23\textsuperscript{rd} February 7.30-9pm</td>
<td>John Lees</td>
<td>SSMs evening – SSM in 2021</td>
</tr>
</tbody>
</table>

## MARCH

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 2\textsuperscript{nd} March 9.30-11am &amp; 11.30-1pm</td>
<td>Chris Southgate</td>
<td>Theology in a Suffering World</td>
</tr>
<tr>
<td>Thursday 4\textsuperscript{th} March 7.30-9pm</td>
<td>David Runcorn</td>
<td>Endings, Beginnings and the Space Between</td>
</tr>
<tr>
<td>Tuesday 9\textsuperscript{th} March 2-4pm</td>
<td>Chloe Axford</td>
<td>Priests on the beat</td>
</tr>
<tr>
<td>Wednesday 10\textsuperscript{th} March 10am-12 noon</td>
<td>Paul Friend</td>
<td>Where do I even begin! Youth Ministry</td>
</tr>
<tr>
<td>Wednesday 24\textsuperscript{th} March 2-4pm</td>
<td>Sally Piper</td>
<td>Leading Teams</td>
</tr>
</tbody>
</table>

## APRIL

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 27\textsuperscript{th} April 9.30-11am</td>
<td>John Fisher &amp; Hannah Mears</td>
<td>Encouraging vocations and the 6 Qualities</td>
</tr>
</tbody>
</table>

## MAY

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 25\textsuperscript{th} May 9.30-11am</td>
<td>John Fisher &amp; Hannah Mears</td>
<td>Encouraging vocations and the 6 Qualities</td>
</tr>
</tbody>
</table>
Online CMD Programme – January to March 2021

Monday 11th January, 10.30am – 12 noon
NEW YEAR, NEW OPPORTUNITIES IN A CORONAVIRUS WORLD
Mike Moynagh

2019 was a year like never before. The uncertainty and challenges were huge, with churches constantly having to change and adapt. At the same time we saw churches engaging with their community and communities engaging with churches in so many ways. How do we build on this in 2021? We are delighted to welcome Rev. Mike Moynagh. He is an academic, writer and national expert on mission. He is behind a national initiative called Greenhouse, which builds on 16 years of research into churches reaching out and growing. He will help us look at creating fresh missional initiatives in our communities.

Tuesday 26th January, 2-4pm

ZOOMING WITH STYLE
Chloe Axford & Matt Prior

Aimed at those who have been doing it a while but want to get better/move up a level.

Thursday 28th January, 2-4pm

INTRODUCTION TO THE DIOCESAN LENT COURSE
– Jon Curtis & Philip Sourbut

To say that 2020 has been quite the year would probably be considered an understatement. This Lent, the Archdeacon of Totnes and the Mission and Ministry team, supported by friends from around the Diocese are hoping to encourage the people of Devon to tell each of their stories from this period of turmoil, through a Lenten study course. This course will be based on videos and other resources to enable each of us to listen, explore and reflect on the past 12 months.

This CMD session, led by Prebendary Philip Sourbut, Director of Mission and Ministry, and Jon Curtis – Lay Discipleship Project Manager, will explore the materials and the theological and philosophical ideas behind them to encourage this opportunity to happen around the county this Lent. It is hoped that both lay and ordained leaders will feel encouraged to attend this session.
Tuesday 9th February, 2-4pm

LIVESTREAMING WITH STYLE
Chloe Axford & Ed Hodges

This session is aimed at church leaders who have been livestreaming services, but would now like to move up a gear in terms of technology - for example using more than one camera, improving the sound quality, using graphics or playing-in videos. It will also consider how best to help people watching online feel genuinely part of the congregation.

Thursday 11th February, 10am – 12 noon

IN-PERSON-ONLINE: MAKING THE MOST OF HYBRID CHURCH WITHOUT BEING OVERWHELMED
Bob Jackson

More people than we expected tuned in to online church last spring. Now the changing mix of online and in person church makes life more complex and confusing. In the long term, how can we make the best of both worlds, growing and feeding disciples both in person and online without running out of time, energy and money? How can we mix online and in person both effectively and efficiently?

Bob will help us learn from each other and reflect on our own situations as we plan for a new church world.

Bob Jackson was a Government Economic Adviser in the days before Mrs Thatcher was invented. After twenty years of parish ministry in Yorkshire he became a 'Springboard Missioner' then an archdeacon. More recently he has focussed on the theory and practise of church growth. Having tried to retire he came out of retirement to help think through good practice and the future of online church. He leads a families-based fresh expression of church in his village of Eyam in Derbyshire and invents pilgrimage routes in his spare time.

Tuesday 23rd February, 10am to 12 noon

GENEROSITY DISPLAYED
Brigit Kiyaga with Dave Hopwood & Steve Pierce

It is without doubt that generosity is a central theme in our walk with Jesus, and communicating this is not always as easy as it sounds.

In this session we will look at some key Bible passages that will help you to explore gratitude, generosity and giving with the people in your community and we will explore ways in which this can creatively be done.

Dave Hopwood, author and speaker, communicates the Bible in a friendly and accessible style to all. [https://davehopwood.com](https://davehopwood.com)

Steve Pierce, Director of Learning and Stewardship in Liverpool Diocese, supports parishes to develop their theology of giving.’
Tuesday 23rd February, 7.30-9pm

SSM IN 2021 – BUSINESS AS USUAL, OR A RESHAPED FORM OF MINISTRY?
John Lees

We will reflect together on how life as an SSM has changed for us during 2020 and how we’d like it to change in the future. During the evening John Lees will bring you up to date on national trends and the work being done by the national Ministry team on reshaping SSM for the future.

Tuesday 2nd March, 9.30-11am & 11.30am -1pm

THEOLOGY IN A SUFFERING WORLD
Chris Southgate

Professor Chris Southgate teaches at the University of Exeter on the science-theology interface and ecotheology. Since 2017 he has been working on the effects of trauma on congregations (see tragedyandcongregations.org.uk). More recently he has been applying this thinking to the COVID pandemic. He will talk about a theocist's response to the great suffering caused by COVID, and also ask: does Paul's experience in 2. Corinthians give us resources to survive, and strengthen others, through these testing times?

Thursday 4th March, 7.30-9pm

ENDINGS, BEGINNINGS & THE SPACE BETWEEN
David Runcorn

Managing change and transition is always part of the task of effective leadership. In uncertain times it is more important than ever. The evening will explore what this asks for us – with a mix of input and time to discuss and share together from our own hard won experience.

Rev David Runcorn is a well-known conference speaker, writer and retreat leader.

Tuesday 9th March, 2-4pm

PRIESTS ON THE BEAT
Chloe Axford

Advice and ideas to help you have a positive visible presence on social media and in your local community. This session is not about asking you to do more, but rather thinking about how to make the most of what you are doing already. It will involve an amount of peer to peer sharing of tips and experiences.
**Wednesday 10th March, 10am-12noon**

**WHERE DO I EVEN BEGIN !**  
Paul Friend (SWYM)

This two hour CMD will explore how to get started in youth ministry. We will explore the top 10 things to think about when looking to start out in youth ministry including the place of prayer, building team, vision and strategy and setting culture for your group/activity. Come and join the conversation – explore what youth ministry could look like in your parish and learn from others in the same boat.  
Paul Friend is the director of SWYM (South West Youth Ministries) overseeing the team and setting vision and direction for the charity. Paul has been involved in youth ministry for the past 22 years. Paul is married to Jo and they have two boys age 13 and 10 and live in Woodbury near Exeter.

**Wednesday 24th March, 2pm – 4pm**

**LEADING TEAMS**  
Sally Piper

Working with, and leading, teams is an increasingly important part of ministry in today’s church. But how to do it well?  
This workshop will build on participants’ experiences and skills as we explore a variety of tools – including appreciative enquiry, team building and communication - that can help us in this endeavour.

Sally Piper is Head of Ministry for the Diocese of Truro. Prior to working for the diocese she led teams in business, third sector organisations and in the local church.

**Tuesday 27th April repeated and Tuesday 25th May, 9.30-11am**

**ENCOURAGING VOCATIONS IN THE PARISH AND UNDERSTANDING THE 6 QUALITIES**  
John Fisher & Hannah Mears

Encouraging Vocations in the parish and Understanding the Six Qualities (the new C of E shared discernment process for authorised ordained ministry).

Revd John Fisher is the Diocesan Director of Ordinands. He will take you through the new national discernment framework for authorised ordained ministry in the Church of England. The Six Qualities replaces the nine criteria previously used and the way that the Bishops Advisory Panels work is changing from Autumn 2021. How this works and how the DDO team in the diocese will share in this process will be explained so that you are informed and ready for the changes. They will be a chance to ask questions and learn why the changes are being made.

Revd Hannah Mears is the Diocesan Vocations Development Officer and also serves in Bradninch parish. She will be helping us think through the tricky subject of encouraging and nurturing vocations (lay and ordained) to authorised ministries. The Church needs its workers and an important parochial task is helping to identify new talent and realising potential in all people. Hannah will share some ideas and principles to help you do this in your setting.
Mental Health First Aid – half-day introductions
January to May 2021
with trainer Ben Slater from fiveways Devon

BOOK THROUGH fiveways ONLINE LINKS BELOW. * Free for Diocesan clergy & readers

The Diocese of Exeter is working with training provider fiveways devon to deliver a range of Mental Health First Aid courses accredited by Mental Health First Aid England. The vision is for churches and their members to serve, understand and welcome their communities by having high quality training and support.

fiveways devon are very generously subsidising half-day introductory training for as many as Christians as possible, subsequent more in-depth training for a network of local champions, and facilitating free follow-up peer support sessions. This is open to all denominations, both clergy and lay people. Are you in?!

• 1 in 4 of us will experience mental health difficulties in any given year.
• Being misunderstood when seeking help or going to a place of perceived safety (such as a church) can significantly set back recovery and in some cases can trigger an episode of severe mental ill health.
• The renewing of our minds and helping the vulnerable are two strong biblical principles that sit at the heart of serving others in Jesus’ name.

• fiveways devon has a 100% good or above trainee satisfaction rate in Mental Health First Aid Training
• Accredited by the Royal Society of Public Health
• Mental Health First Aid England is the only provider of licensed MHFA training in England.
• A global movement of over 3 million MHFA-trained people in 25 countries

Half Day Youth Online Course (3h)
This course has specific examples about interactions with young people; most principles also apply for adults.

Topics include: What is mental health?; protective and risk factors; stigma and discrimination; mental health continuum; case studies; self-harm and suicide; signs & symptoms of mental ill health; the stress container model; recovery; self-awareness and self-care.

This course is repeated on each of the following dates, to maximise accessibility.

Please note the need to book by at least 2 weeks in advance to enable course materials to be sent to you.

*The course fee is £40 but this can be reclaimed afterwards by emailing chris.keppie@exeter.anglican.org

<table>
<thead>
<tr>
<th>Month 2021</th>
<th>Course Code</th>
<th>Date, venue – all online</th>
<th>Time</th>
<th>(Book by)</th>
<th>Booking link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-21</td>
<td>YHD-01-26-DE</td>
<td>Tuesday, 26 January 2021</td>
<td>1330-1630</td>
<td>12th Jan</td>
<td>Book here</td>
</tr>
<tr>
<td>Feb-21</td>
<td>YHD-02-24-DE</td>
<td>Wednesday, 24 February 2021</td>
<td>0930-1230</td>
<td>10th Feb</td>
<td>Book here</td>
</tr>
<tr>
<td>Mar-21</td>
<td>YHD-03-25-DE</td>
<td>Thursday, 25 March 2021</td>
<td>1330-1630</td>
<td>11th March</td>
<td>Book here</td>
</tr>
<tr>
<td>Apr-21</td>
<td>YHD-04-25-DE</td>
<td>Monday, 26 April 2021</td>
<td>1330-1630</td>
<td>12th April</td>
<td>Book here</td>
</tr>
<tr>
<td>May-21</td>
<td>YHD-05-21-DE</td>
<td>Friday, 21 May 2021</td>
<td>0930-1230</td>
<td>7th May</td>
<td>Book here</td>
</tr>
</tbody>
</table>

Any questions? Please contact Ben Slater mhfatraining@fivewaysdevon.uk or chris.keppie@exeter.anglican.org
Other Mental Health resources

Sanctuary Mental Health
https://www.sanctuarymentalhealth.org/?gclid=CjwKCAiAnvj9BRA4EiwAuUMDf6H025BxFlSxZSIyk4ZGoIhtmfldHn4UOKADbu_NGAeG7X-ZbP1EyhoCvJ4QAvD_BwE

Church of England resources
https://www.churchofengland.org/resources/clergy-resources/national-clergy-hr/supporting-clergy-health-and-wellbeing

Wellbeing
An overview of resources (for all) – proactive / responsive, secular / Christian:
https://exeter.anglican.org/resources/pastoral-care-counselling/mentalhealth/

Other trainings & events
Please note that trainings offered by other organisations will have different booking systems and may incur payment.

This academic year Faraday Institute Research Seminars will be online, making them accessible to all who are interested, wherever they may be. This term’s seminars are:

26th January    Dr Stuart Mathieson [Dublin City University]
‘An Evangelical Philosophy of Science? From Bacon and Paley to Stokes’

9th February    Prof. Robert Joons [University of Texas]
‘How the Quantum Revolution Vindicates Aristotle’s Metaphysics’

23rd February   Dr Bethany Sollereder [Oxford University]
‘Theology Past the Tipping Point: God’s Goodness in a World of Rapid Change’

9th March       Dr Mirjam Schilling [Oxford University]
‘From Biology to Theology: How Viruses Challenge Our Perception of Good and Evil’

All seminars will be held at 1pm GMT - please visit faraday.institute/seminars for the link
Some workshops are offered free and book very quickly. Donations towards the cost of the workshops and the ongoing work of the College of Preachers are welcome. If you wish to do so, you will be able to make a donation when booking your place on a workshop.

The following events have a ticket fee, booking via Eventbrite.

**Preaching on Mark's Gospel through Lent**

**17 February 2021, 10am | via Zoom**

Workshop leader: Revd Dr Ian Paul. Dr Paul is a writer, blogger, and theologian. He is also the Managing Editor at Grove Books and ordained in the Church of England, currently ministering in the Diocese of Southwell & Nottingham.

How can we draw on Mark's portrayal of Jesus' temptation and passion to capture the essence of the season of Lent, share the Good News, and encourage congregations to faithful discipleship? In this workshop, we'll explore what Mark's Gospel says about Jesus' 40 days in the wilderness at the start of his ministry - those days echoed in the 40 days of Lent - together with the story of his passion and how we can retell this story in the context of our lives today to point people towards the hope and joy of Easter.

Ticket prices: general, £7; ministry student, £5. To book please visit [www.eventbrite.co.uk/e/preaching-on-mark-through-lent-a-preaching-workshop-tickets-129467710407](http://www.eventbrite.co.uk/e/preaching-on-mark-through-lent-a-preaching-workshop-tickets-129467710407)

When prompted, enter the password Preach217
Praxis South West with Exeter Diocese present
https://www.praxisworship.org.uk/praxis_southwest.html

'Ploughshares and first fruits’
*a day of encouragement and resources for rural church worship*

A day for clergy, readers and leaders of worship in local and rural churches

Saturday May 15th 2021, 10am - 4pm

*St Andrew’s Church Hall, Taunton TA2 6HU
*note change of venue

The day is led by **Rev Chris Thorpe** vicar of Shifnal, Sheriffhales and Tong, three different rural parishes in Shropshire, and has much wisdom and experience to share. He has authored several books of worship resources for local churches and ‘Ploughshares and First Fruits’ is the latest published by Canterbury Press.

- how to develop a programme of festivals and special opportunities to connect with the wider community
- how to draw those inside and outside the church to plan and participate in creating a special service with worked examples
- time working in small groups identifying which topics might be good for their particular setting and working up one of their ideas
- input on how to use invitation, publicity, social media etc

NAME ..................................................................................................................
Address ..........................................................................................
Phone...............................................Email..............................................

I would like to pay by BACS [ ] Make a payment using these details:

I wish to pay by cheque [ ]
Please make payable to ‘Praxis SouthWest’ for £20. (£18 Affiliate /Ordinand) Tick as appropriate

A Buffet Lunch and a supply of tea /coffee etc. will be provided

I have the following dietary requirement .................................................................

Full details of the day will be sent (inc. parking instructions)

Please send a separate form for each person attending; a single payment/cheque may cover several entries sent together. Send to: ‘Ploughshares and First Fruits’, Praxis SouthWest, 1 Saxon Way, Bradley Stoke, Bristol. BS32 9AR gillbehenna@me.com

* Data Protection: Any personal information you give to us will be processed in accordance with the General Data Protection Regulations (2018). If you would like your name to be added to our mailing list for the sole purpose of contacting you about Praxis SouthWest or Praxis National events please tick here: [ ] (Your details will not be shared outside of Praxis)
Online Resources

QUICK READS

Tear Fund response to Covid19:  https://www.tearfund.org/2020/03/decoding_coronavirus/

NHS Every Mind Matters has useful tips on wellbeing including looking after children and young people ... and 'Quiz' - which is 5 self-assessment questions to generate your own wellbeing plan (again with links). https://www.nhs.uk/oneyou/every-mind-matters/

PODCASTS & VIDEO PRESENTATIONS

Endless resources freely available including:

James Grier has produced a great Podcast entitled Losers in the Bible. https://drlizgrier.podbean.com/?fbclid=IwAR2R4nCOhvSVZVuzQTr9I6uDC52JELx6TJuch6FiPrJwsX8pkOF9S0tA20U

St Paul’s School of Theology -  https://sptc.htb.org/godpod weekly podcast including one with Jane Williams, Bishop Sarah, Mike Lloyd and Graham Tomlin on the current situation

Luke Bretherton & Stanley Hauerwas on suffering and Covid and dying well https://www.youtube.com/watch?v=skT43YI13VI&fbclid=IwAR0CSdLUbhQh3b_qpE418pL4qqIEcqLm0cea7NZB95vknkwnpfAeyq3opGQ

New Wine - https://www.new-wine.org/resources/podcast

SERMONS - E.g. - https://www.youtube.com/watch?v=RIIT4ELtaRWk
One of the ways we grow in the craft of preaching is by watching/listening to others and asking "What did I hear?" and “how did the preacher help me to hear it”. So dig around on YouTube and enjoy. Duke University Chapel has some goodies by the likes of Sam Wells, Barbara Brown Taylor etc. Your choice whether you watch a whole service or fast forward!

LIVE EVENTS

Heartedge is an initiative of St Martins in the Fields: They have some excellent online events including a Biblical studies masterclass https://www.heartedge.org/ also an interesting Facebook feed.

Holy Habits Home Group https://www.facebook.com/groups/holyhabitshomegroup/

Reconciling Leaders Network an initiative of the Archbishop of Canterbury https://difference.rln.global/webinars
In your own time


**Chris Southgate** - Tragedy and congregations project an excellent resource with up to date reflections on the current situation - [https://tragedyandcongregations.org.uk/](https://tragedyandcongregations.org.uk/)

Also from **CPAS** is the useful [https://www.cpas.org.uk/sites/default/files/How%20to%20Lead%20a%20Zoom%20PCC%20Meeting.pdf](https://www.cpas.org.uk/sites/default/files/How%20to%20Lead%20a%20Zoom%20PCC%20Meeting.pdf)
and for members [https://www.cpas.org.uk/sites/default/files/Getting%20ready%20for%20a%20Zoom%20PCC%20meeting.pdf](https://www.cpas.org.uk/sites/default/files/Getting%20ready%20for%20a%20Zoom%20PCC%20meeting.pdf)

**Festival of Preaching** - There are many resources available on YouTube. These include a number of excellent presentations from the Festival of Preaching in 2017 & 2019. There is excellent input from the likes of Sam Wells, Paula Gooder, Stephen Cottrell, Doug Gay, Mark Oakley. [https://festivalofpreaching.hymnsam.co.uk/video/](https://festivalofpreaching.hymnsam.co.uk/video/)

**FutureLearn** - Free Online Courses in a wide range of subjects (People management to how planes fly!) see [https://www.futurelearn.com/](https://www.futurelearn.com/)

**Grass Roots** - And please don’t forget Grass Roots written by our own Jon Curtis – our own resource can be used in lots of creative ways [https://exeter.anglican.org/ministry/grass-roots/](https://exeter.anglican.org/ministry/grass-roots/)

**Greenbelt** have now made their whole archive free [https://www.greenbelt.org.uk/talks-archive/](https://www.greenbelt.org.uk/talks-archive/)

**N T Wright online** - Tom Wright’s website offers a range of resources. There are some free ebooks & also some courses in Biblical studies. Some are expensive but, for example, the one on Philemon is currently available free. [https://www.ntwrightonline.org/](https://www.ntwrightonline.org/)

**Sheldon Hub** is a safe place for people in ministry to meet, share and support each other. It is secure and free to use. [https://www.sheldonhub.org/](https://www.sheldonhub.org/)

**Theology in Isolation**
Short articles at [https://scmpress.hymnsam.co.uk/theology-in-isolation](https://scmpress.hymnsam.co.uk/theology-in-isolation)