

# WORRIED ABOUT A CHILD OR VULNERABLE ADULT?

Please speak to your Parish Safeguarding Representative if you have any concerns for the well-being of a child or adult, or about the behaviour of someone towards a child or adult.

Your Parish Safeguarding Representative is:

Name: .....

Contact: .....

If you cannot reach your Parish Safeguarding Representative, please contact your parish clergy or the Diocesan Safeguarding Team:

- **Charlie Pitman**, Diocesan Safeguarding Adviser - 01392 345909 / 07889 542640 - [charles.pitman@exeter.anglican.org](mailto:charles.pitman@exeter.anglican.org)
- **Costa Nassaris**, Assistant Diocesan Safeguarding Adviser - 01392 294969 / 07950 457665 - [costa.nassaris@exeter.anglican.org](mailto:costa.nassaris@exeter.anglican.org)
- **James May**, Assistant Diocesan Safeguarding Adviser - 01392 345910 / 07889 542646 - [james.may@exeter.anglican.org](mailto:james.may@exeter.anglican.org)
- **Rebecca Lane**, Administrator - Safeguarding and DBS - 01392 294975 - [safeguardingenquiry@exeter.anglican.org](mailto:safeguardingenquiry@exeter.anglican.org)



# IMMEDIATE RISK OF HARM?

If you believe somebody is at immediate risk of harm or that a crime has been committed, dial **999**

If you have serious concerns about an individual's well-being, you should contact the relevant agencies:

## Concerns about children

Devon Multi-Agency Safeguarding Hub (MASH):  
**0345 155 1071**

## Concerns about adults

Devon - Care Direct:  
**0345 155 1007**

## Domestic Abuse

Devon helpline for professionals and individuals:  
**0345 155 1074**

## Rape Crisis

National: **0808 802 9999**  
Devon & Torbay: **01392 204174**

Please notify your Parish Safeguarding Representative and/or the Diocesan Safeguarding Team after contacting any of these agencies.

Children who want to speak to someone about any concerns they have can call Childline: 0800 11 11



pray



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# IMMEDIATE RISK OF HARM?

If you believe somebody is at immediate risk of harm or that a crime has been committed, dial **999**

If you have serious concerns about an individual's well-being, you should contact the relevant agencies:

## Concerns about children

Plymouth Children's Services:

**01752 308600**

Out of hours:

**01752 346784**

## Concerns about adults

Plymouth Adult Services:

**01752 668000**

Out of hours:

**01752 346984**

## Domestic Abuse

Plymouth Domestic Abuse

Service:

**0800 458 2558**

## Rape Crisis

National: **0808 802 9999**

Please notify your Parish Safeguarding Representative and/or the Diocesan Safeguarding Team after contacting any of these agencies.

Children who want to speak to someone about any concerns they have can call Childline: 0800 11 11



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# IMMEDIATE RISK OF HARM?

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If you have serious concerns about an individual's well-being, you should contact the relevant agencies:

## Concerns about children

Torbay Multi-Agency  
Safeguarding Hub (MASH):  
**01803 208100**

## Concerns about adults

Torbay Safeguarding Adults  
Team:  
**01803 219700**

## Domestic Abuse

Torbay Domestic Abuse Service:  
**0800 916 1474**

## Rape Crisis

National: **0808 802 9999**  
Devon & Torbay: **01392 204174**

Please notify your Parish Safeguarding Representative and/or the Diocesan Safeguarding Team after contacting any of these agencies.

Children who want to speak to someone about any concerns they have can call Childline: 0800 11 11



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