# WORRIED ABOUT A CHILD OR VULNERABLE ADULT?

Please speak to your Parish Safeguarding Representative if you have any concerns for the well-being of a child or adult, or about the behaviour of someone towards a child or adult.

Your Parish Safeguarding Representative is	
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Name:	•••••	• • • • • • •	••••	• • • • •	•••••	•••••	•••••	•••••	••••	••••	• • • • •	• • • •	•••••
Contact	•												

If you cannot reach your Parish Safeguarding Representative, please contact your parish clergy or the Diocesan Safeguarding Team:

Costa Nassaris — Diocesan Safeguarding Adviser

t: 01392 294969 / 07809 339501 or email: costa.nassaris@exeter.anglican.org

**Rebecca Lane**—Assistant Diocesan Safeguarding Adviser

t: 01392 294975 / 07889542640 or email: rebeccca.lane@exeter.anglican.org

James May—Assistant Diocesan Safeguarding Adviser

t: 01392 345910 / 07889 542646 or email: james.may@exeter.anglican.org

Ruth Putnam—Safeguarding Administrator and DBS Coordinator

t: 01392 294929 or email: safeguardingenquiry@exeter.anglican.org





# **IMMEDIATE RISK OF HARM?**

If you believe somebody is at immediate risk of harm or that a crime has been committed, dial **999** 

If you have serious concerns about an individual's well-being, you should contact the relevant agencies:

#### Concerns about children

Devon Multi-Agency Safeguarding Hub (MASH): 0345 155 1071

#### Concerns about adults

Devon - Care Direct: **0345 155 1007** 

#### **Domestic Abuse**

Devon helpline for professionals and individuals:

0345 155 1074

## **Rape Crisis**

National: **0808 802 9999**Devon & Torbay: **01392 204174** 

Please notify your Parish Safeguarding Representative and/or the Diocesan Safeguarding Team after contacting any of these agencies.

Children who want to speak to someone about any concerns they have can call Childline: 0800 11 11





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If you have serious concerns about an individual's well-being, you should contact the relevant agencies:

#### Concerns about children

Plymouth Children's Services:

01752 308600

Out of hours:

01752 346784

#### **Concerns about adults**

Plymouth Adult Services:

01752 668000

Out of hours:

01752 346984

#### **Domestic Abuse**

Plymouth Domestic Abuse

Service:

0800 458 2558

**Rape Crisis** 

National: **0808 802 9999** 

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#### **Concerns about children**

Torbay Multi-Agency
Safeguarding Hub (MASH):

01803 208100

#### **Concerns about adults**

Torbay Safeguarding Adults
Team:

01803 219700

#### **Domestic Abuse**

Torbay Domestic Abuse Service:

0800 916 1474

### **Rape Crisis**

National: 0808 802 9999

Devon & Torbay: 01392 204174

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