

















Supporting Clergy Households

The Clergy Household Hub (CHH) aims to help anyone who lives in a clergy household to feel at home in Exeter Diocese through information, support and connection.

If you are a clergy spouse, partner or other family member, or living in a shared house with clergy, we are here to help. You can also contact us if you are a member of the clergy living alone or part of a clergy couple.

CHH is run by a volunteer group of clergy spouses and partners with support and oversight from the Diocese of Exeter's Wellbeing Panel.

Being part of CHH is completely confidential. We can signpost you to help or support which you may then choose to follow up. The CHH is based on:

Inclusion

Members of a clergy household of any age, stage, background and worldview can find support and signposting here. This includes on entry to the vocation or moving in to the Diocese.

Relationships

The Hub will offer proactive ways of welcoming, checking in, reaching out, remembering and connecting to reduce isolation and build community.

Acceptance

Some people will be looking for spiritual support, some for a space to have fun. If it is important enough for someone to look for it, it is important for us too.

Throughout the year CHH will organise events for clergy household members to get together and provide links to useful information.

Support available for people who live in a clergy household in the Diocese of Exeter

Counselling

Counselling is available from Churches' Ministerial Counselling Service (CMCS) by self-referral. It is entirely confidential and no one will be told.

This service is available to clergy, spouses, partners and other adult members (aged 18+) of their family living at the same address; Licensed Lay Ministers (Readers) and lay workers; retired clergy; and widows and widowers of clergy living in the Diocese.

It is also available to employees of the Exeter Diocesan Board of Finance and any Church Commissioner employees working in the Diocese.

Ordinands, LLMs in training and those in the discernment process prior to becoming ordinands can also access the service.

Contact: Graham Exon, Area Coordinator graham.cmincs@gmail.com 07867 009 740 cmnics.net

Individual & Employee Assistance Programmes

The assistance programmes help people deal with personal and professional problems that could be affecting their home life or work life, health and general well-being. The service is confidential and provided by an external organisation.

The programmes are available to clergy, LLMs and those directly employed by the Diocese.

exeter.anglican.org Search 'Wellbeing'

Spiritual Direction

Spouses and partners of clergy can access spiritual direction through the Diocese.

Contact: Demelza Henderson spiritualdirectionexeter@gmail.com 01395 272243 exeter.anglican.org Search 'Spiritual direction'

Property issues

If you live in Diocesan housing Property Services can help with any issues.

Contact: 01392 294954 exeter.anglican.org Search 'Property Services'

Clergy Support Trust

Provides support to Anglican clergy (serving & retired) and ordinands, and their families. Includes financial support, grants, health & wellbeing support, counselling and a free library with a wealth of information

clergysupporttrust.org.uk 0800 389 5192

St Luke's for Clergy Wellbeing

Supports individual clergy and their families to improve their psychological wellbeing and mental health and is available to spouses or civil partners, dependent children, widows and widowers.

stlukesforclergy.org.uk 020 4546 7000

Contact us

CHH Archdeaconry reps can be found on our website page:

exeter.anglican.org Search 'CHH'

To find out more about CHH and to join our mailing list:

Contact: Richard Frost, Co-chair richardnfrost@outlook.com

And please join our Facebook group:

facebook.com Search 'Clergy Household Hub'

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