

## FOUNDATIONS



## The key facts 26/27...

### Where?

**Foundations runs in 3 different locations:**

- **St Judes, Plymouth**
- **St Pauls, Sticklepath, Barnstaple**
- **St Marks, Exeter**

### How?

**A hybrid course with a team of tutors across 7 sessions: a mixture of online content, in person teaching, and group discussion**

**Book a place using the link on the website!**

### When?

**The course starts on Saturday 10th October 2026.**

**Questions? [foundations@exeter.anglican.org](mailto:foundations@exeter.anglican.org)**

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## What am I studying?

There are four modules for Foundations:

### Theology

- Theology: An Introduction
- An Introduction to Christology
- Arguments for the Existence of God
- The Anglican Church & Beliefs
- Liberation Theology
- Contextual Theology
- Eco Theology
- Understanding The Trinity
- Theology: Different Lenses

### The Bible

- How we can read The Bible
- Calling and Purpose in Scripture
- Exodus and The Promised Land
- Biblical Contexts Today
- Prophecy
- Jesus and The Gospels
- St Paul and Acts
- The Bible and New Creation

### Spirituality

- The Desert Mothers and Fathers
- Benedictine & Franciscan Spirituality
- Celtic Spirituality
- Anglican Spirituality
- Charismatic Spirituality
- Spirituality in Focus
- Thinking about Next Steps

### Ministry

- Learning in a Community
- Prayer
- Worship
- Ministry
- Discipleship
- Mission and Evangelism
- Our Spiritual Lives
- Vocations and What Next?

**You study these topics online and on the Saturdays,  
and they are discussed in your tutorial sessions.**

**This is a taster course - to encourage thought and questioning.**

**You won't study anything in great depth, but will be exposed to some ideas that you hopefully find interesting and may help you consider the steps you take next.**

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## Why am I studying these things?

**These topics are foundational subjects for our Christian faith and lives as disciples of Jesus, and members of the Church of England.**

**The course has a number of aims, which may or may not all apply to you. It may:**

- **Help you think about your discipleship**
- **Help you understand some aspects of faith differently**
- **Help you see your current situation in a new way**
- **Encourage you to explore whether you are called to something new**

**This is the foundational course to train as a Licensed Lay Minister (Reader) or for one of the new Commissioned Roles, or if you are discerning a call to ordination.**

## What are the requirements?

- **Attend 3 Saturdays (from 10am - 4pm) and 4 weekdays (from 7pm-9pm)**
- **Engage in the online learning in between the in-person sessions via our learning platform Moodle**
- **Each monthly online session probably takes up to 5 - 7 hours to complete**
- **You are encouraged to make notes on your online learning platform to support your ongoing learning. Your work is not being marked or graded.**